

Breakfast

MENU 4

TO CHOOSE ONE OF THE THREE OPTIONS*



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Ramón Freixa.
Castellfollit de Riubregós, 1971.

“My work is based on tradition and I experiment to create new recipes that surprise and, above all, that people like”. Ramón has not ceased to explore every territory in search of the best product, from the simplest to the most sophisticated. Always the centre point of his cuisine, he is now bringing it on board the trains.

Ramón Freixa

HOT OPTION

Main course

French omelette with cheese and herb sauce, steamed potato and sautéed courgette.

ALLERGENS: 1, 3 and 7

Bread

Choice of bread.

ALLERGENS: 1

Dessert

Seasonal fruit.

COLD OPTION

Main course

Selection of: Gouda cheese, smoked salmon** and loin, ricotta cheese with parsley, cucumber sticks and walnuts.

ALLERGENS: 4, 6, 7 and 8

Bread

Choice of bread.

ALLERGENS: 1

Dessert

Plain yoghurt 0%.

ALLERGENS: 7

HEALTHY OPTION

Main course

Seasonal fruit.

Dessert

Plain yoghurt 0% accompanied by muesli with dehydrated fruit.

ALLERGENS: 1 and 7

Pastry, butter, jam, sweet tomato jam, honey, tomato spread, D.O. Oleoestepa extra virgin olive oil, vinegar, salt and pepper.

Coffee, choice of herbal teas, chocolate.

ALLERGENS: 1, 3, 6, 7, 8 and 12

*Please we apologize for the possibility of the lack of choice of your menu.

In compliance with current regulations, we provide you with all the food information on the meals served. If you have an allergy or intolerance to any food, please consult our staff.

**All our seafood and smoked fish is frozen for the prevention of parasites through anisakis, therefore ensuring that

any contamination through anisakis that the fish may have from origin is inactive due to the prevention processes applied (frozen to -20 °C for a minimum of 24 hours) according to current regulations.

We allow our travellers to take away the food they have not consumed free of charge. Ask our crews.

BEVERAGE SELECTION

SELECTION OF CAVAS

Cava Codorníu Seco.

Cava Jaume Serra Brut Nature.

ALLERGENS: 12

WHITE WINES

D.O. Rueda.

D.O. La Mancha (only in Southern routes).

D.O. Catalunya (only in Northeast routes).

ALLERGENS: 12

RED WINES

D.O. Rioja.

D.O. Ribera del Duero.

ALLERGENS: 12

ROSÉ WINE

D.O.Ca. Rioja.

ALLERGENS: 12

BEERS

Estrella Galicia Especial.

Estrella Galicia 0,0% Tostada.

SOFT DRINKS

Coca Cola, Coca Cola Zero Zero, Coca Cola Zero. Orange

Fanta Zero.

Sprite.

Nordic tonic water.

Still mineral water Cabreiroá.

Sparkling mineral water Cabreiroá.

NECTARS

Don Simón orange.

Don Simón pineapple.

Don Simón peach.

(Brands subject to product availability).

The sale of alcoholic beverages to persons under 18 years of age is prohibited.

Alcohol abuse is a danger to health.

ALLERGENS

1

GLUTEN

2

CRUSTACEANS

3

EGGS

4

FISH

5

PEANUTS

6

SOYA

7

DAIRY

8

NUTS

9

CELERY

10

MUSTARD

11

SESAME SEEDS

12

SULPHUR DIOXIDE AND SULPHITES

13

LUPINS

14

MOLLUSCS

Prepared in a catering facility that prepares food that may cause food allergies.

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